

## 16 - 26 months: You might notice that....

Personal, Social and Emotional Development	Physical Development	Communication and Language
<p><b>Making relationships</b></p> <ul style="list-style-type: none"><li>• I like to play next to other children.</li><li>• I can go and play by myself or with other children but when I am feeling tired, worried or upset I will find a grown up that I know.</li><li>• I can play turn taking games, like rolling a ball back and forth, with a grown up.</li></ul> <p><b>Self confidence and self awareness</b></p> <ul style="list-style-type: none"><li>• I can go and play with new toys by myself but like to find a grown up that I know when I need them.</li><li>• I am beginning to use my toys to pretend they are something else, such as pretending my teddy is a baby.</li><li>• I try to do things for myself, such as putting my boots on, and will tell you “no” if you try to help me.</li></ul> <p><b>Managing feelings and behaviour</b></p> <ul style="list-style-type: none"><li>• I will look worried if I hear someone I know crying or happy and excited if I hear a grown up that I know.</li><li>• Sometimes I will get cross when I want to do things for myself and I can't do them.</li><li>• Sometimes, when you tell me what to do, rather than “no” I am able to do it.</li><li>• I know which toys are mine, which toys are my friends and that sometimes I have to share toys with my friends.</li></ul>	<p><b>Moving and handling</b></p> <ul style="list-style-type: none"><li>• I can walk upstairs when a grown up holds my hand.</li><li>• I come downstairs backwards on my knees, holding on to the steps and come down one step at a time.</li><li>• I know that when I move a chunky crayon or pen round, up and down and across, the marks I make on the paper look the same as the way I moved my hand.</li></ul> <p><b>Health and self care</b></p> <ul style="list-style-type: none"><li>• I can tell you what I like and don't like to eat and drink.</li><li>• I like to try new things to eat.</li><li>• I can hold a lidded cup in both hands and not spill too much drink as I put the cup to my mouth.</li><li>• I can tell you when I need my nappy or pants changed.</li><li>• I can tell you when I need to sit on the potty or go to the toilet.</li><li>• I like to help you when you get me dressed and undressed by finding my clothes and trying to put them on. When you change me I can find my wipes and new nappy and give them to you.</li></ul>	<p><b>Listening and attention</b></p> <ul style="list-style-type: none"><li>• When you read me a story I like to join in with the sounds that different characters and things make.</li><li>• When you sing rhymes I join in with the actions and sounds that different characters and things make.</li><li>• When I play with my favourite toys I am enjoying myself so much I don't always hear you when you talk to me.</li></ul> <p><b>Understanding</b></p> <ul style="list-style-type: none"><li>• I can tell you the names of toys or things that I want.</li><li>• If you tell me to find a toy or thing from a basket or box I can find the right thing.</li><li>• I can understand what to do when you tell me do one thing, such as “Throw the ball” or “Put the baby in the bed”.</li></ul> <p><b>Speaking</b></p> <ul style="list-style-type: none"><li>• I use words that I have heard you say, such as “Oh dear” or “All gone”.</li><li>• I am starting to say two word phrases such as “want ball” or “more juice” to tell you what I want or need.</li><li>• I use lots of everyday words that are important to me, such as “banana”, “go”, “sleep” or “hot” to tell you things.</li><li>• I am beginning to ask you questions, like “What's that?” and “Why?”.</li><li>• Sometimes when I am playing with toys or sharing a story with you, I will talk to you about things that the toys and pictures remind me about.</li></ul>

### Notes

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Literacy	Mathematics	Understanding the World	Expressive Arts and Design
<p><b>Reading</b></p> <ul style="list-style-type: none"> <li>• I like to share stories with you and can find my favourite stories for you to read to me.</li> <li>• I have favourite rhymes and songs and join in with the actions and songs.</li> </ul> <p><b>Writing</b></p> <ul style="list-style-type: none"> <li>• Toddlers need to hear words and learn to use these.</li> <li>• Toddlers need to explore what happens when they use their hands and feet.</li> <li>• I know that when I move a chunky crayon or pen round, up and down and across, the marks I make on the paper look the same as the way I moved my hand.</li> </ul>	<p><b>Numbers</b></p> <ul style="list-style-type: none"> <li>• I know that when you hide a toy under a blanket I will find it under the blanket.</li> <li>• I can sort out my toys and things so that all the same ones are together.</li> <li>• When I am playing with my toys or singing songs I will say number names in a mixed up order.</li> </ul> <p><b>Shape, space and measure</b></p> <ul style="list-style-type: none"> <li>• I try to put the shape pieces into a jigsaw board and sometimes match the right piece into the right hole.</li> <li>• I can build towers and long lines across the floor with bricks.</li> <li>• I know the order I need to use things to help me get ready at bedtime or to get dressed.</li> <li>• I know that when I see you with your coat we are going outside or when I see my cup and bowl on the table it is time to have a drink and something to eat.</li> </ul>	<p><b>People and communities</b></p> <ul style="list-style-type: none"> <li>• I like to look at and talk to you about photos of those who are special to me, such as family members, brothers and sisters, friends and pets.</li> <li>• I like to listen to stories about children and families.</li> </ul> <p><b>The world</b></p> <ul style="list-style-type: none"> <li>• I like to explore things to see what I can do with them. I might shake them, hit things with them, look at them, touch them, put them in my mouth or pull them to find out what happens.</li> <li>• I can put things together that belong together, such as a lid on the teapot or a lid on a box.</li> </ul> <p><b>Technology</b></p> <ul style="list-style-type: none"> <li>• I know that when you press the button on the remote control the television comes on or the button on the car key the car makes a noise and a light comes on.</li> <li>• I can press buttons on my toys to make a noise or get something to pop up.</li> </ul>	<p><b>Exploring and using media and materials</b></p> <ul style="list-style-type: none"> <li>• Toddlers need to explore lots of different things to find out what they can do with them.</li> <li>• I will jump, bounce or swing my arms when I hear music or songs that I like.</li> <li>• I will join in with some of the words and actions I know when you sing my favourite songs.</li> <li>• I can use chunky pens or crayons to make lines that go up and down and round and round.</li> <li>• I am starting to make different sounds, like fast and loud, when I am playing musical instruments or everyday things like spoons, pots or plastic bowls.</li> </ul> <p><b>Being imaginative</b></p> <ul style="list-style-type: none"> <li>• I can use my hands to make marks in paint or mud. As I make the marks with my hands I make different sounds like “weeeee”.</li> <li>• I can pretend that a toy or thing is something else, such as pretending that my teddy is a baby.</li> </ul>



**Notes**

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# 16 - 26 months: How can you help me with my learning?

## Personal, Social and Emotional Development

### Making relationships

- Play copying games with me, like using the same metal spoon as I've got to make the same noise that I'm making on the fence.

### Self confidence and self awareness

- Share photos or videos of me doing things and talk with me about what I'm doing.
- Use my dolls or teddies to show me how to pretend to look after a baby or use my cars to show me how to pretend to go on a journey. Talk to me about the things you are using and what you are doing with them.

### Managing feelings and behaviour

- Let me help you to share out the sandwiches and fruit onto plates, so that everyone has something to eat.

## Communication and Language

### Listening and attention

- Talk to me about the sounds we can hear when we go to the shops or the park.
- Make the sounds of animals and things when you're sharing a book with me.

### Understanding

- Play games with me where I have to follow instructions like "roll the ball" or "throw the ball".
- Let me help you with unpacking the shopping by telling me to find different things like "find the apples" or "find the crackers".

### Speaking

- Show me and give me choices about what I can have to eat, like "yoghurt or banana".



## Physical Development

### Moving and handling

- Give me a little bag to carry something in when we go shopping.
- Give me a bucket to put interesting things in when I'm digging in the mud.
- Give me rolling pins and cutters to see what I can do with them when I'm playing with the dough.

### Health and self care

- Let me wash my hands and face by myself.
- Let me try to put my boots on by myself.

## Mathematics

### Numbers

- Count with me as you put my clothes on, like “one sock, two socks” or “one button, two buttons, three buttons, four buttons”.

### Shape, space and measure

- Let me explore what “full” and “empty” looks like when I’m playing in the bath with plastic bottles.
- Let me play with puzzles that I have to try and put the piece into the matching space.

## Literacy

### Reading

- Let me point to things or tell you things as you share my favourite stories with me.

### Writing

- Let me make lots of marks using chunky pencils / crayons / chinks.

## Expressive Arts and Design

### Exploring and using media and materials

- Give me a big piece of paper or shower curtain on the floor to see what marks I can make with a paint brush, my hands or my feet.
- Give me ribbons or scarves to hold as I dance to music.

### Being imaginative

- Give me an old telephone so that I can pretend to phone you.
- Give me a bowl of soapy water so that I can wash my baby doll.

## Understanding the World

### People and communities

- Share stories with me that are about children and families.
- Let me tell you about photos about grown ups who are special to me, my brothers and sisters, my friends and my pets.

### The world

- Let me splash in puddles when I’m wearing my boots.
- Let me climb up a little hill and run down it.
- Let me mix water and mud together to make “mud pies”.

### Technology

- Let me use the camera to take pictures of things.



## 22 - 36 months: You might notice that....

Personal, Social and Emotional Development	Physical Development	Communication and Language
<p><b>Making relationships</b></p> <ul style="list-style-type: none"> <li>• I watch what other children are doing before I join in with them.</li> <li>• I will go to grown ups I know when I want a cuddle, when I am upset and /or when I am excited.</li> <li>• I am beginning to make friends.</li> </ul> <p><b>Self confidence and self awareness</b></p> <ul style="list-style-type: none"> <li>• I can say “goodbye” to you when I have a grown up I know to help me.</li> <li>• I can show you what I want to play with, eat and/or wear.</li> </ul> <p><b>Managing feelings and behaviour</b></p> <ul style="list-style-type: none"> <li>• I will go to a grown up I know when I’m feeling sad, scared or worried.</li> <li>• I will do or say something when someone I know looks sad, cross, scared or worried.</li> <li>• I know that if I take my friend’s toy or shout at them they might get upset or cross.</li> <li>• I will give my friend a hug if they are upset.</li> <li>• I can sometimes stop myself from doing something that I know I shouldn’t do.</li> <li>• Sometimes I choose to play with toys I like to stop me from feeling upset.</li> <li>• I can follow simple routines to help me do things by myself.</li> <li>• If you tell me what to do, rather than “no” I am able to do it.</li> </ul>	<p><b>Moving and handling</b></p> <ul style="list-style-type: none"> <li>• I can run without bumping into things or tripping up.</li> <li>• I can squat down on my knees to play and can get up without using my hands.</li> <li>• I can climb up a ladder on a small slide or climbing frame or onto a sofa or armchair.</li> <li>• I can kick a large ball.</li> <li>• I can turn the pages in a book. Sometimes I might turn over more than one page at a time.</li> <li>• I can hold a small jug and pour my own drink.</li> <li>• I can hold a chunky crayon, pencil, pen or paint brush and makes lines that go across, up and down or round and round.</li> <li>• When I walk up and down stairs or steps I hold onto the hand rail and move one foot at a time on to the next step until both my feet are on. Then I do the same to get to the next step.</li> </ul> <p><b>Health and self care</b></p> <ul style="list-style-type: none"> <li>• I am beginning to choose to hold objects in one hand more than in the other.</li> <li>• I can hold a spoon to pick up my food and put it into my mouth to feed myself.</li> <li>• I can drink from a cup with no lid and not spill my drink as I put the cup to my mouth.</li> <li>• I can tell you when I need to use the potty or toilet.</li> <li>• I know how far I can climb up the stairs, the slide or the climbing frame on my own before I need to ask you for help.</li> <li>• I can put on my hat, unzip my coat and take off my unfastened shoes/boots and cardigan/shirt by myself.</li> <li>• I am beginning to be able to wash and dry my hands by myself.</li> <li>• I am beginning to be able to sit on a potty or toilet by myself.</li> <li>• I can use a set of steps to help me reach the sink or toilet by myself.</li> </ul>	<p><b>Listening and attention</b></p> <ul style="list-style-type: none"> <li>• I listen to stories when you make different noises or use different voices as you read to me.</li> <li>• I can recognise sounds by finding or going to the thing or place.</li> <li>• I join in with singing songs and rhymes.</li> <li>• I stop what I am doing, look at you and listen to you when you say my name.</li> </ul> <p><b>Understanding</b></p> <ul style="list-style-type: none"> <li>• When you ask questions like “Who’s jumping?” or “Who’s sleeping?” I can point to the right picture to show you that I understand action or “doing” words.</li> <li>• I understand longer instructions or questions such as “Put the bricks away and then we’ll read a book”.</li> <li>• I can show you that I understand “who”, “what” and “where” when you use short questions such as “Who’s that?”, “What’s that?” or “Where is?” as we look at pictures in a book or play with toys.</li> <li>• I can point to the right picture or object to show that I understand describing words such as “big” or “small”.</li> </ul> <p><b>Speaking</b></p> <ul style="list-style-type: none"> <li>• I can use simple sentences with 3-4 words to talk about what I am doing or what is happening.</li> <li>• When I am talking with you, I talk about lots of different things – what I am doing, what I like or what I have done.</li> <li>• I use objects and gestures to help me explain what I mean when I am talking.</li> <li>• I can ask questions such as “what”, “where” and “who” when I am sharing a book or playing with toys.</li> <li>• I am beginning to use word endings, such as “I am going” instead of “I go” and plurals, such as “babies” when talking about more than one object or person.</li> </ul>

Literacy	Mathematics	Understanding the World	Expressive Arts and Design
<p><b>Reading</b></p> <ul style="list-style-type: none"> <li>• I have some favourite rhymes and songs.</li> <li>• When you read my favourite stories I can join in with words and phrases that appear over and over again.</li> <li>• I can tell you the missing word or phrase in stories and rhymes that I know really well, such as "Humpty Dumpty sat on a ....."</li> </ul> <p><b>Writing</b></p> <ul style="list-style-type: none"> <li>• I can tell you about the different marks I make in my writing and drawing.</li> <li>• I can hold a chunky crayon, pencil, pen or paint brush and makes lines that go across, up and down or round and round.</li> <li>• I can draw lines that go across, up and down, round and round and pictures to show numbers and amounts.</li> </ul>	<p><b>Numbers</b></p> <ul style="list-style-type: none"> <li>• I can give you the right number of objects from a collection when you say "please give me one", "please give me two".</li> <li>• I can say some number names in order.</li> <li>• I can draw lines that go across, up and down, round and round and pictures to show numbers and amounts.</li> <li>• I can show you which group of toys or plate of food has "more".</li> <li>• I can use words like "more" and "a lot" to describe amounts of objects.</li> <li>• I know that if I add a toy to a collection or some food to my plate I have more and if I take something away I don't have as much.</li> </ul> <p><b>Shape, space and measure</b></p> <ul style="list-style-type: none"> <li>• I can point to shapes and patterns in pictures and clothes.</li> <li>• I can sort a collection of objects so that ones that are the same shape or size are altogether.</li> <li>• I can use words such as "big" and "little" to describe toys, clothes and pictures in a book.</li> <li>• I know the order of things that happen every day (such as I get out of bed, I have my breakfast, I get dressed) and can tell you what happens next.</li> </ul>	<p><b>People and communities</b></p> <ul style="list-style-type: none"> <li>• I can recognise photos of my friends, family and other special people and tell you who they are.</li> <li>• I can use my toys to pretend familiar, everyday routines, such as cooking or looking after a baby.</li> <li>• I am beginning to make friends.</li> <li>• I can talk about how I am the same and different from other people based on my familiar experiences, such as what I like to eat or what clothes I wear.</li> </ul> <p><b>The world</b></p> <ul style="list-style-type: none"> <li>• I can play with toys such as toy cars, trains, animals and people and talk about what happens as I play with them.</li> <li>• I can talk about what I see when I play outside, such as splashing in puddles or digging in the mud.</li> </ul> <p><b>Technology</b></p> <ul style="list-style-type: none"> <li>• I can switch electronic toys on, such as a torch or remote control car, and know how to press buttons or switches to make something happen.</li> <li>• I can make toys, such as a wind up toy, move.</li> </ul>	<p><b>Exploring and using media and materials</b></p> <ul style="list-style-type: none"> <li>• I join in with singing my favourite songs and rhymes.</li> <li>• I can explore the different sounds I can make using musical instruments or everyday objects such as spoons, pots and plastic bowls.</li> <li>• I join in with dancing to songs and when I hear musical instruments being played.</li> <li>• I can explore what happens when I use different types of paint, pens, pencils, crayons, paper, glue and children's scissors.</li> </ul> <p><b>Being imaginative</b></p> <ul style="list-style-type: none"> <li>• I can tell you what the different marks I make in my drawings are.</li> <li>• I can use toys and clothes to pretend familiar, everyday routines, such as cooking or looking after a baby or play out pretend roles that I am interested in, such as being a fire fighter or a princess.</li> </ul>



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# 22 - 36 months: How can you help me with my learning?

## Personal, Social and Emotional Development

### Making relationships

- Make dens from sheets and blankets that I can play in with you or my friends.

### Self confidence and self awareness

- Make a box with different things in it, like glue and different types of paper, that I can choose from when I'm making a picture or model from boxes.

### Managing feelings and behaviour

- Talk to me about the order I need to do things in, like brushing my teeth or getting ready for bed.

## Communication and Language

### Listening and attention

- Use sock puppets or toy people or animals when you're sharing one of my favourite stories or songs with me.

### Understanding

- When we're making a sandwich together tell me what you are doing so I know what to do.

### Speaking

- When we're playing with things, use new words to describe what I'm doing with them or to tell me what they are called.

## Physical Development

### Moving and handling

- Play ball games with me.
- Give me lots of ribbons that I can wave around me.
- Let me try and dress my teddy or doll with different types of clothes, like coats, jumpers and dresses, and different types of fastenings, like buttons, Velcro and zips.

### Health and self care

- Let me help get lunch ready by cutting the cheese or bananas.



## Mathematics

### Numbers

- Make skittles with me from plastic bottles. Play games where we have to keep a score of how many skittles we've knocked down.
- Sing counting rhymes with me like "Five Little Men in a Flying Saucer" or "1,2,3,4,5 Once I Caught a Fish Alive".

### Shape, space and measure

- Let me sort the clothes so that I put all the ones with the same pattern or colour like red, spotty or stripy, together.

## Expressive Arts and Design

### Exploring and using media and materials

- Let me explore the different sounds I can make with everyday things like spoons, pots and plastic bowls.
- Make a box with paper, glue, scissors and crayons that I can use to make pictures.

### Being imaginative

- Let me dress up using grown ups' clothes, pieces of fabric, hats and bags so that I can pretend to be somebody else.

## Understanding the World

### People and communities

- Let me taste food from different countries and cultures.

### The world

- Let me explore bubbles, windmills or streamers when it's windy.
- Let me use toy cars, buses or trains to make up stories about going to the supermarket, going on holiday or going to nursery.

### Technology

- Let me press buttons on things like torches or remote control cars to see what happens.

## Literacy

### Reading

- Let me use my toys to help me tell you stories that we've shared.
- When you read me stories that I know really well, stop at different parts and let me tell you the missing word.

### Writing

- Draw and paint with me and tell me what you're doing.
- When you're writing lists or filling in forms let me have my own paper or forms so that I can make my own marks.





## 30 - 50 months You might notice that...

Personal, Social and Emotional Development	Physical Development	Communication and Language
<p><b>Making relationships</b></p> <ul style="list-style-type: none"> <li>• I can play in a group with my friends. I can make up ideas for things to do and games to play.</li> <li>• I will ask my friends to play with me.</li> <li>• I can watch what my friends are doing and join in with them.</li> <li>• I talk to and make friends with other children and grown ups I know.</li> </ul> <p><b>Self confidence and self awareness</b></p> <ul style="list-style-type: none"> <li>• I choose the toys I want to play with and what I want to do with them with help from a grown up.</li> <li>• I like it when you say things like “well done for eating all your dinner” or “thank you for putting the toys away”</li> <li>• I like helping you when you are busy, like putting some shopping away or matching my socks together.</li> <li>• I am beginning to talk to grown ups I don’t know when you are there. I will join in new things when you are with me.</li> <li>• When we are playing, I will chat to my friends about you and our family.</li> <li>• I can ask grown ups for help when I need it.</li> </ul> <p><b>Managing feelings and behaviour</b></p> <ul style="list-style-type: none"> <li>• I know when I am sad or cross and that if I shout or say unkind things I might make my friends sad or worried too.</li> <li>• I know that sometimes my friends will want to have the toys I am playing with and need help from a grown up to help me share these with them.</li> <li>• I am beginning to understand that when you are busy I can’t always have everything I want, when I want it.</li> <li>• I know that sometimes I can’t do things I want to do, like running around in the supermarket or jumping up and down on your friend’s sofa with my muddy boots on.</li> </ul>	<p><b>Moving and handling</b></p> <ul style="list-style-type: none"> <li>• I like running, walking, jumping, hopping, skipping and moving around in lots of different ways.</li> <li>• I can go up and down stairs and steps like a grown up, using one foot per step.</li> <li>• I can carry something I like carefully downstairs, usually stopping with two feet on each step.</li> <li>• I can run around, stopping, changing direction and slowing down so that I don’t bump into things.</li> <li>• When you show me how to stand on just one foot, I can copy you, just for a second without falling over.</li> <li>• I can catch a large ball when you throw it to me.</li> <li>• I can wave my arms or ribbons to make up and down lines and circles in the air.</li> <li>• I can use child scissors to make snips in paper.</li> <li>• I can hold my pencil near the top, like a grown up, using my thumb and two fingers, not my whole hand.</li> <li>• I can make the lines and marks that I want with a pencil.</li> <li>• When you write my name, I can copy some of the letters by myself on my piece of paper.</li> </ul> <p><b>Health and self care</b></p> <ul style="list-style-type: none"> <li>• I can tell you when I am hungry and want something to eat or when I am tired and want to have a sleep.</li> <li>• I notice that when I am running, I get hot and I pant a bit.</li> <li>• I understand that I have to be careful when I am using children’s scissors to snip or my knife to spread jam.</li> <li>• Most of the time, I remember to go to the toilet in time and I wipe myself.</li> <li>• I can wash and dry my own hands.</li> <li>• When you help me and hold out my coat, I can put it my arms in and I can do the zip up when you start it. I can pull my own trousers up too.</li> </ul>	<p><b>Listening and attention</b></p> <ul style="list-style-type: none"> <li>• When I like what they are talking about, I listen to my friends.</li> <li>• I listen to the stories you tell me and I talk about them later.</li> <li>• When you read me stories, I join in with my favourite bits, like “Who’s been sleeping in my bed?” when we are reading Goldilocks and the Three Bears.</li> <li>• I can join in with my favourite rhymes and stories with you and guess what will happen next.</li> <li>• I stop what I am doing and listen when I hear you talk to me, or I hear the door bell ring.</li> <li>• When you ask me to do something like “Come and put your coat on”, I will do it if I am not really busy playing.</li> </ul> <p><b>Understanding</b></p> <ul style="list-style-type: none"> <li>• When you ask me questions like “What do we need to cut the bread?” I know it’s a knife.</li> <li>• When we are playing and you ask me to “Put teddy under the blanket” or “Put the car on top of the garage” I know what you mean and I can do it by myself.</li> <li>• I can help you when you ask me to put something away or get something like “Put your shoes in the basket, please”</li> <li>• I am beginning to understand when you ask me questions like “How can we mop up the juice?” and “Why do you want to wear your boots today?”</li> </ul>

		<p><b>Speaking</b></p> <ul style="list-style-type: none"><li>• I am beginning to use longer sentences with words like “because” and “and” like “I cried, I did, because I banged my foot”</li><li>• I can tell you about something that happened yesterday, like “remember when we went to the park and had a green apple and came home”.</li><li>• I ask lots of questions and answer your questions too.</li><li>• I can talk about what we are doing now, and what might happen later or tomorrow.</li><li>• When I talk to you, sometimes I talk like a grown up to make myself clear, like “I really, really need the toilet now”.</li><li>• I can use lots of words about things that interest me, like “diplodocus” and “brontosaurus” and I like to learn lots of new words.</li><li>• I pretend about things when I am playing, like using my coat on my head “this is my magic flying cape”.</li></ul>
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Literacy	Mathematics	Understanding the World	Expressive Arts and Design
<p><b>Reading</b></p> <ul style="list-style-type: none"> <li>• I like singing nursery rhymes and songs.</li> <li>• I can join in with rhymes and I recognise when words start the same, like 'big boat' and 'tall tower'.</li> <li>• I can clap my hands to match the sounds in words, like 2 claps for "he-llo".</li> <li>• I can listen and join in when we read books and sing rhymes.</li> <li>• I can join in with my favourite stories and guess what will happen next.</li> <li>• I know that stories have beginnings and endings and sometimes I guess how the story will end.</li> <li>• I can listen to longer stories and talk about them.</li> <li>• I can talk about the places and people in stories and the important things that are happening.</li> <li>• I like to look at the pictures and words in books. I can show you words when we are outdoors.</li> <li>• I can recognise my own name and words that are special to me, like "mummy" and my favourite shops and foods.</li> <li>• I hold the book the right way up and turn the pages carefully when I look at it on my own.</li> <li>• I know that books can tell me things like the names of cars I am interested in.</li> <li>• I know that the words in the book tell me things and where the words start on the page.</li> </ul>	<p><b>Numbers</b></p> <ul style="list-style-type: none"> <li>• I can use some number names and words like "more than" and "fewer than", when I am playing.</li> <li>• I can say numbers in order from 1 to 10.</li> <li>• I know that numbers tell me how many things there are altogether, like 8 biscuits on a plate.</li> <li>• I use my fingers, pictures or marks to show you how many things there are.</li> <li>• Sometimes I can match a numeral to the right number of things, like "3" to three balls.</li> <li>• I am interested in numbers and I talk about them and ask you questions.</li> <li>• I know when there are the same number of things, like 2 cakes, one for you and one for me.</li> <li>• I show I am interested in playing with numbers when I share things out in different ways, like putting my 10 farm animals in 2 fields and then in 3 fields and I am beginning to know there are still 10 animals.</li> <li>• I talk about the numbers I see when we are outdoors.</li> <li>• I am interested in making marks and calling them numbers.</li> <li>• I know that I can count claps and jumps as well as things like apples and buses and dinosaurs.</li> </ul>	<p><b>People and communities</b></p> <ul style="list-style-type: none"> <li>• I am interested in the grown ups I know and talk about where they live and what they do.</li> <li>• I can remember times that are special to me and talk about them, like the first day I got my scooter.</li> <li>• I can talk about people and times that are special to me and my family and friends, like "remember the party when we had fireworks and big bangs".</li> <li>• I am interested in the different jobs that grown ups do, like fire fighters and doctors.</li> <li>• I know that I am special and some things that I do are the same as my friends and some things are different. I might say things like "I don't eat meat" and "I go to the same swimming pool as my friends".</li> </ul> <p><b>The world</b></p> <ul style="list-style-type: none"> <li>• I can talk about my home and the places that I know like the park, the shops and the library. Sometimes I ask questions about the animals and trees I see.</li> <li>• I can talk about plants and animals that interest me, like next door's dog that barks and the really tall tree in the park.</li> <li>• I talk about why things happen and how things work, like "where does all the bathwater go when it goes down the plughole?"</li> <li>• I am beginning to notice changes in things, when bananas turn black when they stay in the bowl for too long or the flowers in the park getting bigger.</li> <li>• I know that we have to be careful with animals and plants and remember not to pick the flowers or to stroke the cat gently.</li> </ul>	<p><b>Exploring and using media and materials</b></p> <ul style="list-style-type: none"> <li>• I like joining in with dancing and ring games.</li> <li>• I can sing some familiar songs.</li> <li>• I am beginning to move with rhythm, especially when I hear music I like.</li> <li>• I can tap out simple repeated rhythms, especially to songs and rhymes I like.</li> <li>• I can make lots of noises with different things, like banging a spoon on my plate or popping bubble wrap.</li> <li>• I can mix paints together to make new colours.</li> <li>• I know that I can join up lines on paper to make different shapes and I use these shapes to make things I know, like a face or a door.</li> <li>• I like to find out more and talk about things that feel different, like the soft duvet cover or the shiny saucepan.</li> <li>• I can use all sorts of building toys and empty cardboard boxes to make things.</li> <li>• I make lines and piles of blocks, joining the pieces together to make things like houses and car parks.</li> <li>• I know that I can use tools like scissors, spoons and hammers to do different things.</li> </ul>

### Writing

- Sometimes I can tell you about my drawings and paintings and what my writing means.
- When I see your writing, I tell you what I think it means, like the shopping list says "beans and chips and ice cream".
- I can make the lines and marks that I want with a pencil.
- When you write my name, I can copy some of the letters by myself on my piece of paper.

### Shape, space and measure

- I like lining up shapes and fitting shapes and different things into boxes.
- I see shapes when we are outdoors, like square windows and triangle and circle shapes in road signs.
- I can use words like "under", and "next to" to describe where things are.
- I choose to play with different sorts of building sets and talk about what I am making.
- When I am doing puzzles, I look at the missing shapes to see what could fit.
- I am beginning to use words like "round" and "straight" when I talk about the shapes I see.

### Technology

- I know how to operate simple equipment. I can turn on the DVD player and use remote controls.
- I like toys with knobs and touch screens and real objects like cameras or mobile phones.
- I can make toys move or the sound or picture images on toys work by pressing switches or touching the screen.
- I know that I can find out things that interest me from the computer, mobile phone or tablet.

### Being imaginative

- I am beginning to like some things more than others and sometimes I might like painting and drawing more than dancing or singing.
- I move around in different ways when I am happy or excited, sometimes I dance and jump up and down when I hear music.
- I sing to myself and I change songs I know to make up my own songs and rhythms.
- I notice the things that you do, like cooking and cleaning and I pretend to do the same.
- When something special has happened to me, I pretend play it happening, like feeding the new baby or my first swimming lesson.
- When I am playing with my toys, I make up stories like superheroes rescuing people from a building or animals eating grass.
- I use ordinary things and pretend they are something else, like a spoon is a fire hose and my bricks are fish fingers and chips.
- When we have done something exciting, I like to draw or paint a picture or make up a dance or song/rhyme.

### Notes

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# 30 - 50 months: How can you help me with my learning?

## Personal, Social and Emotional Development

### Making relationships

- Let me build things with my friends using big cardboard boxes and pieces of fabric.

### Self confidence and self awareness

- Let me help you match the socks together.

### Managing feelings and behaviour

- Let me dress up and pretend to be a nurse, doctor, firefighter, mum or dad.
- Explain to me why I cannot do things like run around the supermarket.

## Communication and Language

### Listening and attention

- Play listening games with me like "Simon Says...." Where I have to copy an action or "Ready, Steady, Go" where I have to wait to push the ball or car.
- Make up silly sentences with me where each word begins with the same sound as at the start of my name.

### Speaking

- Talk to me about things we did or places that we went to yesterday.

### Understanding

- When I'm helping you to make the lunch, ask me questions like "What do I need to cut the apple?" or "What do I need to pour your milk / water into?" so that I can find you the thing we need.
- When we're tidying up give me simple instructions like "Put your shoes in the basket" or "Put the remote control on the sofa."



## Physical Development

### Moving and handling

- Let me practice using children's scissors to cut dough, cooked spaghetti or paper.
- Make an obstacle course in the park or garden where I have to run around benches or chairs, crawl under a blanket and crawl through a cardboard box.

### Health and self care

- Make sure I brush my teeth twice a day.

## Mathematics

### Numbers

- Make a train shed with numbers on so that I can match my trains into the shed with the same number on.
- Put numbers on a skittles game made from plastic bottles. Ask me what number was on the bottle I knocked down.

### Shape, space and measure

- Let me build from cardboard boxes or wooden bricks. Use words like "long" or "tall" to describe my model.
- Go on a shape walk inside or outside to find things which are the same like "circles" or "spheres".

## Understanding the World

### People and communities

- Take me out to different places where we live, like the fire station or the library.

### The world

- Let me explore mud, rain or snow.
- Plant seeds with me in a pot or in the garden.

### Technology

- Let me press buttons, like on the pelican crossing or the doorbell at our friend's house, to see what happens.

## Expressive Arts and Design

### Exploring and using media and materials

- Let me use my paints to mix up my own colours.

### Being imaginative

- Help me to use some of my toys to make up a story.
- Give me pieces of material to make a cape or a big cardboard box to make a spaceship when I'm pretending to be somebody else or going on an adventure.

## Literacy

### Reading

- Set up a pretend shop where I can read the labels on the packets and boxes.
- Read a recipe to me as we're making dough.

### Writing

- Tell me what you're writing as you write a shopping list.
- Make a name card for my bedroom door or a placemat with my name on. Let me use these to help me try to write my name by myself.



## 40 - 60 months: You might notice that....

Personal, Social and Emotional Development	Physical Development	Communication and Language
<p><b>Making relationships</b></p> <ul style="list-style-type: none"><li>• I like to talk with my friends and grown ups and tell them what I know about the things they talk about.</li><li>• I can tell you what I know about things I like to play with or things that I like to do. I ask grown ups and my friends questions to find out more about the things I like.</li><li>• I can help my friends to be friends again when they fall out or are cross with each other.</li></ul> <p><b>Self confidence and self awareness</b></p> <ul style="list-style-type: none"><li>• I can tell my friends and grown ups what I need, what I want, what I like to do and if I like or don't like something.</li><li>• I can tell you what I like to do and what I am good at doing, like drawing or running.</li></ul> <p><b>Managing feelings and behaviour</b></p> <ul style="list-style-type: none"><li>• I know that if I take my friend's toy or shout at them they might get upset or cross. When I make my friend upset or cross I might get upset too or I might try to give them a hug.</li><li>• I know what I should do to help me and my friends share things, keep safe and be happy.</li><li>• I am beginning to be able to tell my friends what they could do to help me if they take my toys or make me upset or cross.</li></ul>	<p><b>Moving and handling</b></p> <ul style="list-style-type: none"><li>• I like to move in different ways like running, skipping, hopping, jumping or rolling.</li><li>• I can jump off a step and land on the floor on two feet.</li><li>• When I am playing chasing or racing games I can slow down or change the way I am going to stop myself from bumping into my friends or things.</li><li>• I can move on my feet, back and tummy to get over, under, along or through tunnels, climbing frames and steps.</li><li>• I can push, pat, throw, catch or kick things like a large ball, a balloon or piece of fabric.</li><li>• I can use scissors to cut paper or cutters to make shapes from dough.</li><li>• I can use different things like scissors, paintbrushes, pens, hammers or bricks to make the things I want.</li><li>• I choose to use either my left hand or my right hand more to hold things like a pen, pencil, paintbrush or scissors.</li><li>• When I use a pen, pencil or paintbrush I am beginning to be able to make anti clockwise circle marks and lines that go down and up and up and down.</li><li>• I write letters that you can begin to recognise. The letters I write are often a mixture of capital and lower case letters.</li><li>• I can hold a pen or pencil and use it to write letters that you can recognise. When I am writing letters I will usually start and finish in the right place.</li></ul> <p><b>Health and self care</b></p> <ul style="list-style-type: none"><li>• I like to eat different types of fruit and vegetables.</li><li>• I can go to the toilet by myself.</li><li>• I can tell you about different ways of keeping healthy, like washing my hands before I eat my food, having a drink of water when I am thirsty, eating fruit or vegetables and running or jumping.</li><li>• I can show you how I use things like scissors, hammers and saws safely so I don't hurt myself or my friends.</li><li>• I can tidy toys away so that I don't fall over them and hurt myself.</li><li>• I can use things like scissors, a hammer and a saw safely without help from a grown up.</li></ul>	<p><b>Listening and attention</b></p> <ul style="list-style-type: none"><li>• When I am singing rhymes or songs or sharing a story with a grown up, I am able to listen really carefully to what is happening.</li><li>• I can listen to what you tell me you want me to do and then I can do it.</li></ul> <p><b>Understanding</b></p> <ul style="list-style-type: none"><li>• When I am singing rhymes or songs or sharing a story with a grown up, I am able to listen really carefully to what is happening.</li><li>• I can listen to what you tell me you want me to do and then I can do it.</li></ul> <p><b>Speaking</b></p> <ul style="list-style-type: none"><li>• I can use lots of words to tell you about something that I have made or something that I have done.</li><li>• I like you to use new words to talk to me about what I am doing or what I am using. Then I like to try to use these new words as I am playing.</li><li>• I can pretend to be different people and can pretend to do different things, like being a nurse and making sick patients better with bandages and care.</li><li>• I can use words like "first", "next" and "then" when I am telling you a story or telling you about something I have done.</li><li>• When I am dressing up or playing with toy people I like to make up stories using what I know, what I have seen or what I have heard to help me.</li></ul>

Literacy	Mathematics	Understanding the World	Expressive Arts and Design
<p><b>Reading</b></p> <ul style="list-style-type: none"> <li>• I can tell you lots of words that rhyme with a word like “hat”.</li> <li>• I can hear and tell you the first sound in a word when you say the word.</li> <li>• I can say each of the sounds in a short word like “cat”. When you say each of the sounds like “c-a-t” I can put the sounds together and tell you the word. I can write each of the letters I need to write the word.</li> <li>• I can read short sentences which are made of up words like “the” or “and” and words that I can say each of the sounds in like “hat” or “dog”.</li> <li>• I use my favourite stories to help me make up my own stories when I am dressing up or using toy people or animals.</li> <li>• I like to share different books like comics, stories, rhymes, poems, facts books and magazines with you.</li> <li>• When I am interested in things, I can look in books or on websites to find out more things.</li> </ul>	<p><b>Numbers</b></p> <ul style="list-style-type: none"> <li>• I can recognise numbers that are important to me like my age, my flat number or the bus number that I go to nursery on.</li> <li>• I can recognise the numbers 1 to 5.</li> <li>• I can touch one thing and say the number name at the same time to help me count up to 3 or 4 things.</li> <li>• I can count the number of things on a page in a book or on a birthday card.</li> <li>• I can match the right number to a group of things from 1 to 5 to begin with, and then from 1 to 10.</li> <li>• I can guess how many things I can see in a bucket and then count them to see how close my guess was.</li> <li>• I can tell you which basket or bucket has got “more” or “fewer” things in.</li> <li>• I can put two baskets of things together and tell you how many things I have altogether.</li> <li>• I can tell you what “one more” is when you say a number.</li> <li>• I can tell you what “one more” or “one less” is when you give me a group of up to 5 things, then up to 10 things.</li> <li>• I can use words like “more”, “add”, “less” and “take away”</li> <li>• I can use marks and pictures to show you my counting.</li> <li>• I can use counting to help me solve problems that are important to me, like splitting my sandwich in half to share with my friend.</li> </ul>	<p><b>People and communities</b></p> <ul style="list-style-type: none"> <li>• I like to join in with routines, like going shopping, and times that are special to me and my family like birthdays.</li> <li>• I know that my friends might do things differently to me, like eating different foods at home, or we might have different times that are special with our families such as Eid, Diwali, Easter, Passover, or Chinese New Year.</li> </ul> <p><b>The world</b></p> <ul style="list-style-type: none"> <li>• I can talk about how things, like flowers or buildings look the same or look different.</li> <li>• I can talk about the patterns in things I see around me, like bricks or leaves.</li> <li>• I can talk about how things change, like the seeds growing into sunflowers or the block of ice melting into water.</li> </ul>	<p><b>Exploring and using media and materials</b></p> <ul style="list-style-type: none"> <li>• I have favourite songs and dances and can tell you which one I want when you ask me.</li> <li>• I can tap, shake, scrape and hit musical instruments to find out the different sounds I can make.</li> <li>• I can mix my own paint using powder or ready mixed paints.</li> <li>• I can choose the things like paper, material or ribbon that I want to use to make a picture.</li> <li>• I like to use lots of different things like paint, paper, wool and material to make a picture.</li> <li>• I can cut, stick and fold the things I want to use in my picture.</li> <li>• I can use building toys, like bricks, and boxes to make the thing I want to make.</li> <li>• I can use different things like scissors, masking tape, sticky tape, hole punches and string to join and fix things together.</li> <li>• I can choose the things I want to use to make something. If my ideas don’t work I can choose something else or change the way I do something.</li> </ul>



Literacy	Mathematics	Understanding the World	Expressive Arts and Design
<p><b>Writing</b></p> <ul style="list-style-type: none"> <li>• I can tell you what the marks, shapes, letters and pictures that I make mean.</li> <li>• I know that when I say a word you can write it down and that the letters you use make up the word I have said.</li> <li>• I can hear and tell you the first sound in a word when you say the word.</li> <li>• I can say each of the sounds in a short word like "dog". When you say each of the sounds like "d-o-g" I can put the sounds together and tell you the word.</li> <li>• I can tell you the names and sounds of each of the letters in the alphabet.</li> <li>• I am beginning to use letters in my writing. Sometimes I write the right letter with the sound I make as I say the word.</li> <li>• I can write my name.</li> <li>• I can write labels for things to sell when I am playing "shops".</li> <li>• I can write a short caption, like "my big car" to tell you what I have made with boxes.</li> <li>• I try to write short sentences like "I can jump" when I am making a book about me.</li> </ul>	<p><b>Shape, space and measure</b></p> <ul style="list-style-type: none"> <li>• I am beginning to use shape names like "circle", "square", "cube" and "cylinder".</li> <li>• When I am playing on an obstacle course I can use words like "under", "behind", "on" or "in" to tell you where I am.</li> <li>• I can tell you which thing is "heavy" and which thing is "light" when you give me 2 things. I can tell you which thing is "full" and which thing is "empty" when I am filling and emptying bottles.</li> <li>• I can use things to make patterns, like buttons and bricks.</li> <li>• I am beginning to use words like "money", "pound" and "pence" when playing "shop".</li> <li>• I know the order I put my clothes on</li> <li>• I can tell you what is happening tomorrow or what happened yesterday. I can tell you what day today is.</li> </ul>	<p><b>Technology</b></p> <ul style="list-style-type: none"> <li>• I can use a painting program on the computer or tablet to draw a picture.</li> <li>• I can use different things like a digital microscope, camera or microphone with a computer.</li> <li>• I ask questions about how technology works.</li> <li>• I know that a computer or remote control toy may need to be plugged in or have a battery in it to make it work.</li> </ul>	<p><b>Being imaginative</b></p> <ul style="list-style-type: none"> <li>• I can dress up or use toy people or cars to pretend to be other people, places or things that have happened, like a party or a wedding.</li> <li>• I can use my arms, legs and body to move in different ways and pretend to be something else, like a monster or a bear.</li> <li>• I can choose the colour of paint, paper or material that I want to use to make something in my picture, like a piece of green paper for the grass.</li> <li>• When I am dressing up or using toy people I can tell you a story about what is happening as I am playing.</li> <li>• I can play next to my friends who are dressing up like me or using toy people or cars like me.</li> <li>• I can dress up and play a story with my friends.</li> </ul>



## Early learning goals for 5 year olds: You might notice that...

Early learning goals or ELGs outline the level of learning and development that children are expected to have reached by the end of the reception year at school. We list here the ELGs for 5 year olds across the 7 areas of learning and development in the EYFS.

Personal, Social and Emotional Development	Physical Development	Communication and Language
<p><b>Making relationships</b></p> <ul style="list-style-type: none"><li>• I can take turns when I am playing with toys with my friends.</li><li>• I listen to their ideas and use them in our play to help make it more fun or to try out a new idea.</li><li>• When my friends are sad, cross or worried I try to help them feel happy by giving them a hug or sharing my toys with them.</li><li>• I can make friends and like to talk and play with grown ups.</li></ul> <p><b>Self confidence and self awareness</b></p> <ul style="list-style-type: none"><li>• I like to try out new things. I can tell you what things I like to do best of all.</li><li>• I can talk in a group when I am with my friends and grown ups that I know.</li><li>• When I am making a picture or building a model, I can tell you what I will need or can go and get the things I need. I will ask you for help when I need it.</li></ul> <p><b>Managing feelings and behaviour</b></p> <ul style="list-style-type: none"><li>• I can talk to my friends about feeling happy, excited, sad, cross or worried.</li><li>• I can talk to my friends about how I feel when they make me sad or cross.</li><li>• I know what I should do about sharing toys and keeping safe.</li><li>• I know that when I am playing with my friends I have to take turns and share toys and that sometimes I might have to wait for the toy I want or play with something else.</li><li>• I know that when I play with my friends I might run, be busy or be noisy and that other times I might be quieter.</li><li>• When things change that I wasn't expecting to happen I don't get worried or upset.</li></ul>	<p><b>Moving and handling</b></p> <ul style="list-style-type: none"><li>• I can use my legs and feet in lots of different ways, like running, climbing, jumping or hopping.</li><li>• I can slow down or change the way I am going to stop myself from bumping into my friends or things.</li><li>• I can throw, catch, roll and kick different things like large balls, hoops, beanbags and balloons.</li><li>• I can use pens, pencils and paintbrushes to make the marks and write the letters I want to.</li><li>• I can use scissors to cut paper.</li><li>• I can thread beads onto a piece of string.</li></ul> <p><b>Health and self care</b></p> <ul style="list-style-type: none"><li>• I can tell you about different ways of keeping healthy, like doing exercises like running and jumping; eating fruit and vegetables and drinking water or milk and washing my hands.</li><li>• I am able to go to the toilet by myself.</li><li>• I can get dressed and undressed by myself.</li></ul>	<p><b>Listening and attention</b></p> <ul style="list-style-type: none"><li>• I can listen to what my friends and grown ups say as I am doing something else, like playing with toys or looking at a book.</li><li>• I can tell you what has happened and what might happen next as you share a story with me.</li></ul> <p><b>Understanding</b></p> <ul style="list-style-type: none"><li>• I can follow long instructions where I have to do two or more things.</li><li>• When you ask me questions like "Why did the boat tip over?" or "How did the aliens get home?" I can tell you what I think by using things I have seen or heard about.</li></ul> <p><b>Speaking</b></p> <ul style="list-style-type: none"><li>• I can talk and listen to my friends and grown ups.</li><li>• I can use words and word endings like "I went" or "I am going" instead of "I go" to tell you about things that I have done or that I am going to do.</li><li>• I can make up my own stories.</li><li>• I can tell you about things in the right order when I am telling you about something I have done.</li></ul>

Literacy	Mathematics	Understanding the World	Expressive Arts and Design
<p><b>Reading</b></p> <ul style="list-style-type: none"> <li>I can read short sentences that are made up of words like “go” and “you”. I can read words that I can say each of the sounds in like “pig” or “pen”.</li> <li>I can tell you about the characters in a story and what happens in the story after I have read it.</li> </ul> <p><b>Writing</b></p> <ul style="list-style-type: none"> <li>I can say the sounds I hear in a word like “bag” and know which letters I need to match the sounds.</li> <li>I can write other useful words like “the” and “was”.</li> <li>I can write short sentences like “I can skip” that my friends and grown ups can read.</li> <li>I can write some words and sometimes I use what I know about sounds and letters to try and write words.</li> </ul>	<p><b>Numbers</b></p> <ul style="list-style-type: none"> <li>I can use numbers from 1 to 20 in the right order when I am counting things or singing rhymes.</li> <li>I can tell you what “one more” or “one less” is when you say a number.</li> <li>I can add groups of 2 things together and tell you how many I have got altogether and take things away from a group to tell you how many things I have got left.</li> <li>I can solve problems that are important to me like sharing snacks between me and my friends so that we all have the same number of pieces of fruit.</li> </ul> <p><b>Shape, space and measure</b></p> <ul style="list-style-type: none"> <li>I can use words like “big”, “small”, “heavy”, “light”, “in”, “under”, “pound”, “pence”, “morning” and “night” when I am playing with groups of things.</li> <li>I can make patterns and tell you about them.</li> </ul>	<p><b>People and communities</b></p> <ul style="list-style-type: none"> <li>I can talk about my family and special times that we have had, like holidays or when my new baby sister arrived.</li> <li>I know that my friends might do things differently to how I do things, like living in a flat or living in a house.</li> <li>I can talk about things that I do that are the same as or different to my friends like celebrating Eid or celebrating Diwali.</li> </ul> <p><b>The world</b></p> <ul style="list-style-type: none"> <li>I can talk about how things such as buildings, plants, insects, animals and people look the same and how they look different.</li> <li>I can talk about how different places like the beach, the park and the shops look.</li> <li>I can talk about what things like plants and babies need to grow and how they change as they grow.</li> </ul> <p><b>Technology</b></p> <ul style="list-style-type: none"> <li>I can use different types of technology like remote control toys, a recordable book, a CD player, a camera, a tablet or a computer.</li> </ul>	<p><b>Exploring and using media and materials</b></p> <ul style="list-style-type: none"> <li>I can sing songs, dance and use instruments to make music. I can use my own ideas to change the words, dance moves or rhythm.</li> <li>I can use different things like brushes, rollers, scissors or hole punches to make pictures and build things.</li> </ul> <p><b>Being imaginative</b></p> <ul style="list-style-type: none"> <li>I can use different things like paint, paper and material to make my own picture.</li> <li>I can show you my ideas by drawing or painting pictures, making models using boxes, singing songs, dancing to music, dressing up and pretending to be other people and telling you stories.</li> </ul>



**Notes**

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# 40 - 60 months: How can you help me with my learning?

## Communication and Language

### Listening and attention

- Play a treasure hunt game with me where I have to listen to your instructions to help me find the next "clue".

### Understanding

- When we're sharing a story together ask me why I think something has happened or what might happen next.

### Speaking

- When we're sharing a story ask me how I think the story might end.
- Make up silly rhymes with me where we use words that begin with the same letter or the words all rhyme, like "cat", "bat" and "hat".
- Play "I spy" with me.
- Use different voices, like loud voices or squeaky voices, when we're telling stories.

## Personal, Social and Emotional Development

### Making relationships

- When we go to the park ask me what we can do there or what things we see growing there.

### Self confidence and self awareness

- Let me tell you how you can help me when I'm making something.

### Managing feelings and behaviour

- Talk to me about how to keep safe when we're going to cross the road at a pelican crossing or zebra crossing.



## Physical Development

### Moving and handling

- Play games with me like football, basketball or throwing balls into bowls or boxes.
- Get me to thread plastic bottle tops with holes onto string or shoe laces.

### Health and self care

- Make fruit kebabs or vegetable faces to help me try different types of fruit and vegetables.
- Dance with me when we hear our favourite songs.

## Mathematics

### Numbers

- Plan a picnic with me and let me decide how many sandwiches and bananas we will need.
- Make a number line with me using birthday cards.
- Play number snap or bingo with numbers that we've cut out of a magazine.
- Sing number songs where I have to count backwards like "Five Little Ducks" or "Ten Fat Sausages".

### Shape, space and measure

- Let me sort out the pairs of shoes so that they go from small to big.
- Let me make patterns with buttons or lids, like "big, small, big".
- Let me give you instructions for an obstacle course, like "Go under the blanket", "Go through the tunnel" and "Go behind the chair".

## Expressive Arts and Design

### Exploring and using media and materials

- Pretend stories with me like "Going on a Bear Hunt" or "Walking Through the Jungle".
- Sing and dance with me to my favourite songs.
- Give me string, scissors, sticky tape, glue and boxes to make a model, like a castle or a car.

### Being imaginative

- Let me tell you a story about what I'm doing when I'm dressing up and pretending to be a pirate or a doctor.

## Literacy

### Reading

- Make a puppet theatre with me from a cardboard box and puppets, cut out of comics or pictures from websites, to help me make up new stories.
- Make and play games with me that use letters or words.
- Play games where you give me an instruction like "Can you j-u-m-p?" or "Can you h-o-p?" and I have to put the sounds of the word together and show you the action.

### Writing

- Make a pretend shop with me and let me write the price lists.
- Make number plates with me for my cars.
- Make a photo book of our family or when we went to the park and let me write my own words in it.

## Understanding the World

### People and communities

- Let me help you find the things we need in the shop.
- Have a pretend party for my dolls and teddies with me.

### The world

- Make a map with me to show how we get from our house to nursery or the library.
- Draw a road for my cars or a track for my trains with me on a big piece of paper.
- Let me help you water the plants.
- Make coloured ice cubes with me and let me use them to paint with.

### Technology

- Let me listen to a story or a song on our radio, CD player, app or website.
- Let me take photos of my favourite toys, special grown ups or when we walk to the bus stop.



# Where to go to learn more

If you feel unsure about your child's development or have any concerns you might want to speak to someone from your local children's centre, your child's key person, a childminder or health professional.

For information about NHS services and support for parents visit: [www.nhs.uk/conditions/pregnancy-and-baby/Pages/services-support-for-parents.aspx](http://www.nhs.uk/conditions/pregnancy-and-baby/Pages/services-support-for-parents.aspx)

To find a Sure Start Children's Centre in your area visit: [www.gov.uk/find-sure-start-childrens-centre](http://www.gov.uk/find-sure-start-childrens-centre)

Source	Link	Resource	Support offered
Book Trust	<a href="http://www.booktrust.org.uk/resources">www.booktrust.org.uk/resources</a>	Book Trust transforms lives by getting children and families reading.	Resources to support reading of all ages to develop the skills that will improve their opportunities in life.
Children's Food Trust	<a href="http://www.childrensfoodtrust.org.uk/parents">www.childrensfoodtrust.org.uk/parents</a>	Leaflets and guides	Range of advice and information ensure a balanced diet in their early years and Check spacing as maybe an extra space before ensure?
Communication Trust	<a href="http://www.thecommunicationtrust.org.uk">www.thecommunicationtrust.org.uk</a>	Small Talk	For parents of children aged 0-5 to show where children are likely to be with their communication at a certain age.
		Top Tips Leaflet	10 Top Tips to help parents or professionals develop children and young people's communication skills
		Through the eyes of a child	Four films full of useful advice on how parents can encourage their child to talk and interact with them.
		Misunderstood	Information for those who want to find out more about supporting children and young people with speech, language and communication needs
		Listen up	Resources to encourage listening, understanding, interaction and play.
		Summer Talk	Pack with games and activities that support families to encourage children's communication skills when they are out and about this Summer.
Families in the Foundation Years	<a href="http://www.foundationyears.org.uk/parents">www.foundationyears.org.uk/parents</a>	Outline of information available to parents to help in making choices and plans. Links are also provided to other websites to offer you more information if you need it.	This site is designed to help you work your way through the information and support on offer to help your child get off to a great start in life.
Family Information Centre	<a href="http://finder.familyandchildcaretrust.org">finder.familyandchildcaretrust.org</a>	Information on services available to parents	Your local Family Information Service (FIS) provides a range of information for parents from details of local childcare and early years provision to family activities in your area.
katecairns.com	<a href="http://www.fivetothrive.org.uk/resources">www.fivetothrive.org.uk/resources</a>	Five to thrive.	Printed guides, posters, pop-up banners and a range of age-specific supplements are all available to support the implementation of five to thrive
Literacy Trust	<a href="http://www.literacytrust.org.uk/early_years">www.literacytrust.org.uk/early_years</a>	Early Words Together	Early Words Together is a targeted, literacy peer education programme for families with children aged two to five that empowers parents to support their child's early learning, through small groups run within an early years setting.

Source	Link	Resource	Support offered
National Numeracy	<a href="http://www.nationalnumeracy.org.uk">www.nationalnumeracy.org.uk</a>	How does what parents say about maths affect their children?	Falkirk Council Education Services have created a lovely video with some great suggestions for everyday maths activities.
		Help Your Child With Numeracy: Age Range 3-7	Clear descriptions of the ways in which maths is taught in schools today, as well as examples of the kinds of calculations children will learn at different ages.
Parents in Touch	<a href="http://www.parentsintouch.co.uk">www.parentsintouch.co.uk</a>	How I can help my under 5 year old	Resources to help with maths, phonics, handwriting and English
Play England	<a href="http://www.playengland.org.uk/resources.aspx">www.playengland.org.uk/resources.aspx</a>	Reports and guides	Written by experts, the resources ensure that parents access to a wide-range of research, good practice and guidance to support them to increase children's freedom to play.
Start4Life	<a href="http://www.nhs.uk/start4life">www.nhs.uk/start4life</a>	Support throughout pregnancy and as baby grows.	All the help and advice you need during pregnancy, birth and parenthood for mums, dads, family and friends.

## Tell us what you think

We are keen to find out how you have used this booklet and how it can be improved. All feedback can be sent via email to [foundations@4Children.org.uk](mailto:foundations@4Children.org.uk).



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